

YMBL Babe Zaharias Memorial Relays

TO: SPECIAL EDUCATION AND PHYSICAL EDUCATION PERSONNEL
FROM: SPECIAL ATHLETIC PROGRAM OF SOUTHEAST TEXAS
RE: YMBL BABE ZAHARIAS MEMORIAL RELAYS SPECIAL ATHLETICS PROGRAM
IN COOPERATION WITH REGION 5 EDUCATION CENTER.
PLACE: BABE DIDRICKSON ZAHARIAS STADIUM, BEAUMONT, TEXAS

We cordially invite you to participate in the **26th** Annual YMBL Babe Zaharias Memorial Relays. The **deadline** for entry into this year's Track and Field Meet is: **SEPTEMBER 28, 2009.**

DATES AND TIMES:

TUESDAY, NOVEMBER 3, 2009 9:00 A.M. - 2:30 P.M.	ELEMENTARY RESOURCE RELAYS
WEDNESDAY, NOVEMBER 4, 2009 9:00 A.M. - 2:30 P.M.	LIFE SKILLS
THURSDAY, NOVEMBER 5, 2009 9:00 A.M. - 2:30 P.M.	JR. HIGH RESOURCE RELAYS

Dear Special Education and Physical Education Personnel:

Take a moment to look at the enclosed material. We use the data you provide to produce the name banners that the athletes wear.

Below is a list of the ONLY FORMS needed. Please do not send any other information.

The three forms in this packet are:

1. **Official School/Group Registration Form** – This needs to be completed by every teacher for each group they will be bringing to the relays. For instance, if you are bringing a group on Tuesday, but will also have a group on Wednesday, for the Wheelchair events, please submit two of these forms.
2. **Official Participant Entry Form** – Complete one of these forms for each student who will be participating.
3. **Parent/Legal Guardian Permission Form** – Complete one of these forms for each student who will be participating.

We appreciate your help and look forward to seeing you in NOVEMBER.

UATBL Babe Zaharias Memorial Relays

PHILOSOPHY AND PURPOSE

The Special Athletic Program of Southeast Texas is a program of sports training and athletic competition, supplementary to the regular school program, for students receiving special education services from public schools, state or local agencies. This program provides all competitors the opportunity to participate in athletic competition against students of like abilities and enables students to demonstrate their skills while receiving recognition as representatives of their schools.

In an effort to meet the needs of individual students in physical education and sports competition, the primary purpose of this annual track and field meet is to contribute to the physical, social, and psychological development of the students. Through positive, successful experiences in sports, students can gain confidence and start to build self-images associated with success rather than failure.

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Any elementary school, which includes 6th grade (12-year-old students), will participate in the Elementary Division against other 6th grade students whenever possible.

TRACK AND FIELD EVENTS

1. TRACK EVENTS
 - A. 25 yard dash
 - B. 50 yard dash
 - C. 220 yard dash

2. FIELD EVENTS
 - A. Standing broad jump
 - B. Softball throw

3. TEAM EVENTS
 - A. Football relay
 - B. Tug-o-war
 - C. Sack relay (Life Skills and Elementary Divisions only)
 - D. Shuttle relay

WHEELCHAIR EVENTS:

1. Track events
 - A. Softball throw (regular and modified)
 - B. Obstacle course
 - C. Basketball free throw

GENERAL INFORMATION

Each school bringing participants must file an Official Registration Form.

All the participants in the Relays must have the following: An Official Entry Form and the Parent/Guardian Permission Form Per Student/Participant. It is the responsibility of the teachers to collect these completed forms. These forms must be turned in to the YMBL by SEPTEMBER 28, 2009. **A STUDENT WILL NOT BE ALLOWED TO PARTICIPATE IN THE RELAYS IF HE OR SHE DOES NOT HAVE THESE FORMS COMPLETED.**

SPECIAL ATHLETICS PROGRAM RULES AND GUIDELINES

ELIGIBILITY

*Students need to be **9 years** of age in order to participate. **(Make-up days will be scheduled on the nearest available date following the canceled event, if time permits.)**

1. Students who are presently enrolled for 50% or more of each school day in a self-contained class or in resource classes in public schools and approved non-public schools. Generally, participating students should be enrolled in a special education program and not eligible to participate in athletic programs due to physical or mental deficiencies.
2. Resource students who are presently enrolled in a vocational educational program.
3. Students who are currently enrolled in a Content Mastery program.
4. Students who are presently attending a special school or institution for special education.
5. Students who are physically handicapped, regardless of mental ability, are eligible:
 - a) Orthopedically handicapped
 - b) Visually handicapped
 - c) Hearing impaired
6. Students who have participated and who are eligible or capable to participate in UNIVERSITY SCHOLASTIC LEAGUE ATHLETICS are NOT eligible to participate in the Babe Zaharias Memorial Relays.

DIVISIONS

In order to give each student the best chance of competing and winning, each age group is divided into "Competition Divisions" in track and field events. Assignments to a division are based on age, sex, and actual performance in that event.

1. EACH PARTICIPATING GROUP MUST PROVIDE ITS OWN TRANSPORTATION.
2. It is highly recommended that each group have a banner with their school and/or team name.
3. Awards will be given as follows:
 - Each participant will receive a participation award.
 - All first, second, third, fourth and fifth heat finishers will receive a ribbon accordingly.
 - Awards given immediately following each race in track and field events.
 - Awards for team events given as that particular event concludes.
4. COMPETITOR'S BANNERS: All competitors should receive an identification banner to put on the **FRONT OF THEIR UNIFORM OR SHIRT**.
5. If the participant loses the banner, please notify the Meet Coordinators at the official tent so that a new one may be made.

6. Each event located on the track and field will be marked. Coaches or teachers should take the students to the correct area when the event is called.
7. Red Cross personnel will be on site each day to administer FIRST AID.
8. **DRESS:**
 - Gym shorts and T-shirts will be suitable dress.
 - Tennis shoes, cross-country or other rubber-soled shoes **MUST** be worn when a student competes. All other participants must wear shoes at all times.
 - No cleats or spiked shoes allowed! Also, no starting blocks will be allowed.
9. All running events will be run in lanes. A whistle will start all races. (Excluding 220 yard dashes).
10. All participants who are not scheduled to run at that particular time will be required to remain in the stands.
11. Schools must send an adequate number of chaperones with each group, but not less than one (1) for each eight (8) students. **AT LEAST ONE CHAPERONE WILL REMAIN IN THE STANDS AT ALL TIMES TO SUPERVISE STUDENTS WHO ARE NOT COMPETING IN A PARTICULAR EVENT.** Lack of supervision and disobedience, fighting or behavior which in any way disrupts the smooth operation of these games will result in the immediate expulsion of the entire school attended by the student(s) involved in such disruption. Such expulsion may result in that school not invited to participate in future games. This policy will be enforced in order to assure the efficiency and success of the Relays.
12. If any conflicts or problems arise regarding either an event or a participant, they should be brought to the Meet Director's attention immediately.
13. Lunch is provided for all athletes, coaches, teachers, and officials that are listed on the Official School Registration Form.
14. **ENTRY FORMS AND PARENT/LEGAL GUARDIAN RELEASES SHOULD BE SENT TO:**
 - a) Your school district's special athletic program coordinator, or
 - b) Mailed to the YMBL so that we receive them by **SEPTEMBER 28, 2009**, to:

**YMBL
7250 WESPARK DRIVE
BEAUMONT, TEXAS 77705**

COOPERATION AND ENTHUSIASM ARE THE KEYS TO A SUCCESSFUL TRACK MEET!!!

If you have any questions regarding entry information, please contact:

Roger Hightower, 2009 Chairman

409- 223-3426

In the event of inclement weather on your scheduled day of participation, you may call the numbers below for information concerning cancellation of the Relays for that date:

Roger Hightower, Chairman - 409-223-3426 or the YMBL Office after 8:30 a.m. - 409-832-9991

**YMBL BABE ZAHARIAS MEMORIAL RELAYS
SPECIAL ATHLETICS PROGRAM**

QUALIFICATION INSTRUCTIONS

I. REGULAR TRACK & FIELD AND SPECIAL EVENTS:

A. TRACK EVENTS (Please limit two events per participant.)

1. 25 Yard Dash (Times are **NOT** required for entry.)
2. 50 Yard Dash (Times are **NOT** required for entry.)
3. 220 Yard Dash (Times are **NOT** required for entry.)

B. FIELD EVENTS (Please limit one event per participant.)

1. Standing Broad Jump (Distance measurements are **NOT** required for entry.)
 - (a) Distance is measured from the forward point of the toes at the starting position to the back of the heels at the point of landing.
 - (b) Jumper must have both feet even at the starting line.
 - (c) Jumper should try to keep both feet together during the jump and land with both feet together since the jump will be measured from the rear heels.
 - (d) If the contestant (student) falls back, the jump should be measured from where he falls back.
2. Softball Throw (Distance measurements are **NOT** required for entry.)
 - (a) Softball must be thrown in an overhand motion.
 - (c) Thrower may have a short "run up" before throwing (no more than six feet.)
 - (d) All throws must be made from behind the starting line and are measured from the starting line.
 - (e) If the student's momentum causes him to cross the starting line, this should be considered a foul and that throw would not be measured.
 - (f) The throwing arm should be sufficiently warmed up to prevent muscle pulls.

C. TEAM EVENTS (Please limit one event per participant.)

1. FOOTBALL RELAY (Times are **NOT** required for entry.)
 - (a) Teams consist of four (4) students of the same sex.
 - (b) Shuttle type race with each member running 50 yards carrying a football and then passing it off to the next team member.
 - (c) Hand offs will be made while a team member keeps one foot in the tire until the hand off is complete.
 - (d) Relay will be run between tires 50 yards apart.
2. TUG-O-WAR
 - (a) Team consists of four students of the same sex.
 - (b) Team pulls on one end of the rope against four (4) students from another school.

3. SACK RELAY

- (a) Team consists of four (4) students of the same sex.
- (b) Relay will be run between tires 25 yards apart. Student starting the relay will begin in the tire with both feet in a gunnysack.
- (c) Remaining team member will remain in the tire until student reaches that point at which time the sack will be exchanged.

4. 200 YARD SHUTTLE RELAY (Times are **NOT** required for entry.)

- (a) Team consists of four (4) students of the same sex.
- (b) Shuttle type race with each member running 50 yards carrying a baton and then handing off to the next team member.
- (c) Hand offs will be made while a team member keeps one foot in the tire until the hand off is complete.

5. 440 YARD RELAY (Times are **NOT** required for entry.)

- (a) Each relay runner runs 110 yards then hands off to the next runner.

PARTICIPATION IN TEAM EVENTS SHOULD BE EVENLY DISTRIBUTED AMONG THE PARTICIPANTS COMPETING FROM A SINGLE CAMPUS.

**YMBL BABE ZAHARIAS MEMORIAL RELAYS
SPECIAL ATHLETICS PROGRAM**

QUALIFICATION INSTRUCTIONS – WHEELCHAIR EVENTS

II. WHEELCHAIR EVENTS

To be eligible for these events, a student must be: confined to a wheelchair, be on crutches, or use a walker.

A. TRACK EVENTS (Please limit two events per participant.)

1. 25 YARD RACE

- (a) Times are NOT required for entry.
- (b) Race takes place on the track and covers 25 yards from start to finish.

2. 50 YARD SHUTTLE RELAY

- (a) Times are NOT required for entry.
- (b) Teams consist of two (2) students.
- (c) Relay will be raced from a starting line down the track 12 1/2 yards, around a standard (tire), and return to the original starting line where a baton (or bean bag) will be handed to the next team member.

B. FIELD EVENTS (Please limit one event per participant.)

1. Softball throw (regular and modified)

- (a) Distance measurements are NOT required for entry.
- (b) Softball may be thrown in an overhand or underhand motion.
- (c) All throws must be made from behind a starting line and can be done from either a sitting or standing support position.
- (d) Throws are measured from the starting line to the spot where the ball hits the ground.

MODIFIED - A beanbag can be substituted for the softball.

2. Obstacle Course (Times are **NOT required for entry.)**

- (a) Time is determined from the time a student rolls across the starting line, travels 20 yards between four (4) poles, around the fifth (5) pole and returns to the starting line in the same manner.
- (c) Total distance is 20 yards down and 20 yards back for a total of 40 yards.
- (d) Poles are four (4) yards apart.

3. Basketball Free Throw

- (a) An adjustable basketball goal will be used for free throw competition.
- (b) Each participant will have ten (10) free throws.
- (c) Throws can be made with a basketball, volleyball, nerf ball, or beanbag.

***Wheelchair participants may enter as many events as they like except as noted above.**

**MUST BE RETURNED WITH
OFFICIAL ENTRY FORMS:**

Teachers/Coaches:

Although we schedule wheelchair competition each day of the Babe Zaharias Memorial Relays, generally only two or three wheelchair entries participate on most of the days, so competition is at a minimum. Your orthopedically disabled students (wheelchair, braces, etc.) who are interested in a larger field of competition have the option of participating in the wheelchair events scheduled on Wednesday, **November 4, 2009**. There will be more students in wheelchairs and braces resulting in more competition, and possibly more fun for the students.

If you choose to bring your wheelchair entries on Wednesday, **November 4, 2009, rather than** on the other days your school will attend, please complete an additional School Registration Form (**page 9**), the Official Entry form for **EACH** participant (**page 10**) and the Parent Permission Form (**page 11**).

If you have students who will be participating on different days, please submit an OFFICIAL SCHOOL / GROUP REGISTRATION FORM for each day's group as well as the Official Entry Form for **EACH** wheelchair participant (page 10) and the Parent Permission Form (page 11).

Your total number of lunches should be for the number of participants, chaperones and spectators that will be participating on that particular day. If you are bringing groups on two separate days, please do not combine your group totals. This form provides us with the proper lunch count for each day's participants.

**YMBL BABE ZAHARIAS MEMORIAL RELAYS
OFFICIAL SCHOOL / GROUP REGISTRATION FORM**

School _____ District _____

Mailing Address _____

City _____ State _____ Zip _____

School Telephone _____ Home Telephone _____

Head Coach/Teacher _____ Cell Phone _____

Email _____

**Date of Participation _____ No. of Participants _____

No. of Chaperones / Spectators _____

(At least one chaperone for every eight students.)

TOTAL _____

TOTAL NUMBER OF LUNCHES REQUESTED _____

Please list total number of lunches requested including students participating, students watching, aides and chaperones.

****Total Number of Lunches for the Date of Participation shown above. Do not combine lunch count if you are bringing another group on a different day. Please submit a separate School/Group Registration Form for each group.**

PARENT/LEGAL GUARDIAN PERMISSION FORM

In consideration of my (child's/ward's) participation in the Babe Zaharias Memorial Relays, I, on behalf (and as agent for others standing in loco parentis) of my (child/ward) make the following representations, covenants, and releases:

PARTICIPATION:

I hereby give my permission for _____ to participate in the Babe Zaharias Memorial Relays, **(Name of Student/Participant)** including all competitive events unless otherwise specified below. **

MEDICAL:

I know of no physical or emotional reason why I (this child) should not participate in these events and activities.

CONSENT TO TREATMENT:

In the event that I (my child/ward) would for any reason require any minor medical or surgical treatment and/or medication during the course of attendance at or participation in the Babe Zaharias Memorial Relays, I authorize such physician or medical staff as the Meet Coordinator appoints or designates to carry out the necessary treatment, or to take me (my child/ward) to the emergency room of the nearest hospital, and I further authorize the hospital and its medical staff to provide treatment deemed necessary by them for my (child's/ward's) well being. It is understood, however, that if hospitalization or treatment of a more serious nature is required, I will be contacted, if at all possible, for permission.

MEDIA:

I hereby irrevocably grant permission to record my (child's/ward's) likeness and/or voice for use by television, films, radio, or printed media to further aims of the Babe Zaharias Memorial Relays in related campaigns, magazine articles, and in other ways they may see fit. I hereby release them from any and all claims in its usage.

The physicians, organizers, officers, directors, or agents of the Y.M.B.L. or Special Athletic Program of Southeast Texas are hereby released, acquitted, and discharged from any claim for damage or suit by reason of an injury, illness, or damage to person or property during the course of the Babe Zaharias Memorial Relays, including transportation to or from the meet and/or to any event, and, in that regard, I hereby covenant that on my own behalf (and for the child) not to file a claim or bring a suit with respect: to any such injury or damage.

SIGNATURES:

Each participant **EIGHTEEN YEARS OF AGE** or older **SHOULD** sign this form in the appropriate space. If unable to sign, approval should be indicated in some fashion and the parent/guardian must also sign in the space below.

Signature of Student

School / Group Name

School District

Date

The parent/legal guardian of participants **SEVENTEEN YEARS OF AGE** or younger and/or a legal ward **MUST** sign this form in the appropriate space below.

I, the undersigned, am a parent/guardian of the above-specified minor. I have read and fully understand the provision of the above releases and have explained them to said minor. I hereby agree that I, and said minor will be bound thereby and I shall defend you and hold you harmless from and disaffirmation thereof by said minor.

Signature of Parent/Legal Guardian

Date

****Restricted Events:** _____

